

TE RAU MATATINI
ANNUAL REPORT
2016-17

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Te Rau Matatini was established as a Māori Health Workforce Development Organisation in 2002. As a not for profit organisation it registered under the Charities Act in 2005 with the following five charitable objects:

- The further advancement and promotion of Māori health in Aotearoa, New Zealand
- The continuing development and promotion of Māori mental health in Aotearoa, New Zealand
- The further development and promotion of a Māori health workforce within Aotearoa, New Zealand
- The development and promotion of a well trained and effective Māori mental workforce within Aotearoa, new Zealand
- The promotion of a collaborative network to advance Māori health workforce development within Aotearoa, New Zealand.

The organisation comprises a governance structure of a Trust who are the sole shareholder of Te Rau Matatini and the Board of Directors who provide stewardship by setting the strategic direction, overseeing strategy implementation and organisational performance.

This Annual Report for the year 2017 is prepared pursuant to Section 208 (Companies Act, 1993).

Date of Incorporation	7th June 2005
Nature of Business	Charitable Company
Charitable Commissions Registration	CC36014
Shareholders	Te Rau Matatini Trust: One Ordinary Share
Te Rau Matatini Senior Advisor	Tā Mason Durie
Te Rau Matatini Trustees	Ellen Norman (chair) Monica Stockdale Kim Whaanga-Kipa Eugene Davis
Te Rau Matatini Board of Directors	Te Puea Winiata (chair) Barry Bublitz Donovan Clarke Eugene Berryman-Kamp John Walters Chris Webber
Auditors	Grant Thornton NZ Audit Partnership
Strategic & Legal Advisors	Tuia Group

CHAIR PERSONS REPORT

E rau rangatira mā, tēnā koutou. Tēnā koutou e pānui nei i te pūrongo ā-tau, o ngā kaupapa kua oti i Te Rau Matatini, i te tau kua pahure nei.
Tēnā tātou katoa



If I was asked what defined the 2017 year, I would have to say it has been one of reflection, re-energising our strategic direction and stakeholder relationships while at the same time taking a prudent look at our infrastructure and expenditure to prepare for new opportunities ahead.

We under took a refresh with various reenergising strategies that required an internal strengthening, even at a time when uncertainty in regard to future contractual arrangements was at its peak.

I believe Te Rau Matatini is well prepared for the new political environment to advise and support government agencies in their endeavours to address inequalities for Māori through high quality advice and the ability to co design a suite of innovative programmes and interventions.

What hasn't changed is our enduring commitment to build strength in the workforce to help whānau achieve their potential for health and wellbeing.

As I look back on the year and reflect on what we have accomplished, I am impressed with the agility of our people in making certain the strength and sustainability of the Kaupapa of Te Rau Matatini for the overall aspirations of Māori and the improvement in Māori health.

I want to take this opportunity to thank our CEO Maria Baker, and our senior management team and staff for their outstanding performance and dedication to Te Rau Matatini's vision.

Finally my thanks to Sir Mason Durie for his unwavering support of the kaupapa and this amazing organisation, the Board of Directors for giving clear leadership to the organisation as it transitioned through significant change this year and to the Trust Board for their support of the Board and their kaitiakitanga. It is my privilege to present this annual report in my first year as the Chair for the Board of Directors, alongside our CEO in her first year in the role, as it provides a glimpse of the insights to the many achievements in 2017.

Te Puea Winiata

HE WHAKAMAHARATANGA

ACKNOWLEDGEMENT TO ANA SOKRATOV



Ana Sokratov was part of the inaugural Trust Board for Te Rau Matatini. Sadly, Ana passed away this year. A Māori leader with personal experience of mental illness and a staunch sense of justice, her leadership and guidance will be missed by many people across the motu. The work she did for those who experienced mental illness and those who were less fortunate, the values and beliefs she held so dear to her heart made her such a wonderful person to be around.

One of the last portfolios she was involved with for Te Rau Matatini was Hikaka Te Manawa (embracing the energy): Making a difference for Rangatahi. It provided valuable insights into what rangatahi mental health and addiction services are doing that are effective along with the constraints at a funding and policy level that needed to be addressed to move forward. On this basis, Hīkaka te Manawa: Making a difference for rangatahi set out a range of recommendations for further progress which today still remain relevant of the work needed going forward.

Farewell our friend, we will miss you, your passion and intensity for getting it right for whānau, the sharing of your love of concerts and music, great food, St Heliers and fun.

**Kua oti te mamae i runga i a koe,
rere atu rere mai,
haere atu ra e te tuahine,
moe mai oki oki ai.**



TE RAU MATATINI ANNUAL REPORT

This year we celebrated our 15th year as Te Rau Matatini since establishing in 2002. The milestone provided the opportunity to reflect on our past achievements and on the many people who have contributed to the journey of Te Rau Matatini.



This year has been one of reformation, with the appointment of a new CEO, two new office locations in Hamilton and Wellington. A refinement of team members and refresh of strategic priorities, the Te Rau Matatini kaupapa is reenergised and thriving.

Since the formation of Te Rau Matatini, our revenue has generated from one major source, the Ministry of Health. As we commenced 2017, significant contracts held by Te Rau Matatini were to come to an end in July and December 2017, initially provoking anxieties about whether contracts would be extended. With continual dialogue, assertive action, strategy and proposals to various departments of the Ministry of Health. The outcome was a return; a reciprocal desire by the Ministry of Health to make a commitment to the kaupapa of Te Rau Matatini and Māori health.

The outcomes are now positive with a guarantee of the organisations sustainability, supported by core contractual agreements for the next five years by the Ministry of Health. We look forward to walking beside the Ministry of Health and Health Workforce New Zealand in regard to helping to improve

Māori health, and for organisations and partners to achieve more.

Other achievements have included the broadening of our foci into other partnerships with new and diverse stakeholders interested in the business and the people of Te Rau Matatini. We have enjoyed the opportunity to work beside Te Puni Kokiri in Māori development and specifically youth suicide prevention and with Lotteries for national youth leadership.

It has also meant subtle dives into fields to capture insights to possible benefits for Te Rau Matatini such as Social Investment, Rangahau Māori, International Indigenous Connections, Academic institutions and National Groups as some of the new areas for exploration.

This annual report for 2017 shares a synopsis of the key highlights and achievements of Te Rau Matatini.

As an outcome of a two day strategic planning hui early 2017, under the leadership of Tā Mason Durie, the Trust and Board refreshed the strategic priorities for Te Rau Matatini.

A REFRESH OF STRATEGIC PRIORITIES



Vision

Te Rau Matatini leads the way in developing the Māori workforce that can take Māori health to new heights. The new heights see a major emphasis on the prevention of poor health and the promotion of wellness - Mauri Ora.

Mission

The primary mission of Te Rau Matatini is to strengthen the Māori workforce in order to advance the health of Māori and contribute to Māori wellbeing.

Priority

Māori whānau are our priority. Te Rau Matatini is committed to significantly improving the health of Māori that will contribute to increased entire wellbeing for individuals, whānau and their communities. Pae Ora!

Aims

1. Be the lead agency to accelerate the development of a workforce that can implement Pae Ora - the Māori Health Strategy (Ministry of Health, 2014).
2. Strengthen the Māori health workforce in order to decrease levels of sickness and increase Māori wellbeing.

Strategic Goals

1. **Kia piki te ora**
Strengthen Māori Health, and the Māori workforce in order to determine contemporary health needs.

2. **Kia whakawhānui te panga**
Strengthen the Māori workforce to contribute across the full spectrum of the Mauri Noho (sickness) and Mauri Ora (wellness) continuum.
3. **Kia hangai ki ngā tūmanako Māori**
Strengthen Māori Health, and the Māori workforce to better align the health with wider Māori aspirations.
4. **Kia mahi ngātahi**
Strengthen the Māori workforce to lead collaborations with community leaders, whānau, other services and other sectors in order to prevent poor health and to promote wellness.

OUR MAHI - OVERALL ACHIEVEMENTS

Te Rau Matatini has dedicated programmes to advance Māori Health through Health Workforce Development across Māori Health; the Māori Mental Health and Addiction sector; Suicide Prevention and Postvention field and the Public Health and Health Promotion sector.

RANGATAHI

We want to recognise youth participation in leadership, mentoring and learning activities through a rangatahi focus in Te Rau Matatini. Our aim has been to promote the growing youth lens in Te Rau Matatini and to support better outcomes for young people. Our ambition is built on the work provided through Te Puni Kōkiri suicide prevention work, the call by young people in saying they want more of their voices and opinions across our work programmes. In addition to the programmes we have developed that touch the lives of Rangatahi and their whānau.

Our additional ambition is to build on our investment decisions and to extend an overarching approach that will build the capability and resilience of young people in what Te Rau Matatini promotes going forward.

Positive youth development in Te Rau Matatini has involved intentional efforts to enhance Rangatahi Māori to optimise their perspectives, involvement and leadership across kaupapa within Te Rau Matatini that has required strength based solutions and narratives.

In partnership with Te Puni Kōkiri we facilitated the development of four

online videos. These were designed and developed by Rangatahi using their personal experiences and knowledge from the Māori suicide prevention sector

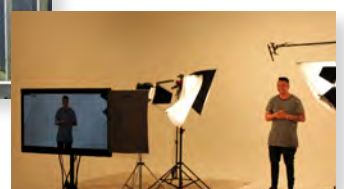
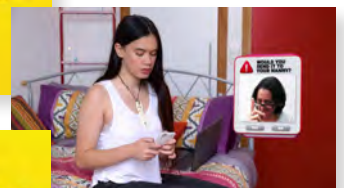
- #MāoriOra
- #TechTikanga
- #SuicidePrevention
- #OutintheOpen

#MāoriOra encourages strength, resiliency and celebrates originality.

#TechTikanga addresses appropriate behaviour when using technology (social media, mobile phones).

#SuicidePrevention encourages everyone to look, listen and ask – Are you OK?

OutintheOpen encourages everyone to talk about how they are feeling to someone they trust.



Kimiora: Rangatahi Suicide Prevention Training

A rangatahi suicide prevention training to rangatahi in six communities was provided through Kimiora Trust.

TE KĀHUI URUROA

With the generosity of the Lotteries Grant Board, a one off fund assisted Te Rau Matatini to develop a National Youth Council and Network called Te Kāhui Ururoa. The objective was to seek, develop and promote a youth leadership voice, to build resiliency against youth self harm and suicide in New Zealand. As the outcome of a national recruitment strategy, the nomination of eight young people from the age of 15 to 25 years of age from across New Zealand. In addition to four adult mentors who agreed to support the National Youth Council and Network.

Te Kāhui Ururoa is the working name gifted to the National Youth Council by one of its members. It can be translated as a 'gathering or meeting place for a colony of sharks'. The Hammerhead shark is revered for its fighting spirit, buoyancy that is, 'to give it your all in everything you do, and to never give up'. Their aim is to:

Promoting strong authentic rangatahi voice, leadership and connectivity, to build resilience against rangatahi self-harm and suicide in New Zealand

The group was launched at a Gala Event at the Unspoken Word National Youth Conference at Waikanae 27 May 2017, they have met four times including a marae stay at Pukehou in the Hawkes Bay to connect and brainstorm key goals and vision.



MĀORI HEALTH WORKFORCE

A capable and competent Māori health workforce is pivotal to providing appropriate care to Māori and their whānau, and providing health providers with examples of innovative best practice models for reaching and providing for Māori and their whānau. Following an analyses of the available data of the Māori health workforce, two key resources were developed and disseminated across the sector. The Profiling the Māori Health Workforce Report and the set of Māori health workforce fact sheets have received positive feedback from the funder and sector.

MĀORI MENTAL HEALTH WORKFORCE

Māori makeup approximately **19%** of the total mental health workforce

The mental health workforce makes up almost **12%** of the total Māori health workforce

Quick Facts

9% of the mental health DHB workforce

There are approximately **1,581** Māori mental health practitioners

There are currently **608** practicing Māori nurses, this is **14%** of all mental health nurses

There are currently **14** practicing Māori psychiatrists

FactSheet 12/14



Te Rau Matatini

Mustafa (May, 2017); Nursing Council of NZ (2015); Te Pou (2016); Werry Centre (2015) Including addiction

MĀORI HEALTH LEADERSHIP



Te Kahū Korako: Toitū Hauora Māori Health Leadership Summit 2017

170 people attended the two day Māori health leadership summit at Hopuhopu in May 2017. The theme: Te Kahū Korako was provided by kaumātua:

Occasionally a white hawk was seen in former times, but very rarely. They were called Kahu Korako and this term was often applied to a chief. An old saying was, "Me haere i raro i te kahu korako" (Always travel with a white hawk) advises one to travel under the guidance of a white hawk, for you will then fare much better than if you travelled alone.



TOITŪ HAUORA MĀORI LEADERSHIP ACCORD



Evaluation findings affirmed that 95% participants enjoyed the venue, 98% liked the organisation of the summit; 100% really liked and liked all presentations. Highlights were identified as Tā Mason Durie's presentation accumulating in the identification of 10 markers of leadership and supported by the symposium; Dr Chellie Spiller Wayfinding leadership; Dr Manuka Henare sharing his perspective on traditional Māori economies and Charlizza Harris was acknowledged as a young dynamic person in a leadership role. Te Huarahi o te Kete Pounamu who presented on the last day were congratulated for sharing their experiences and clearly demonstrating their rangatiratanga status.



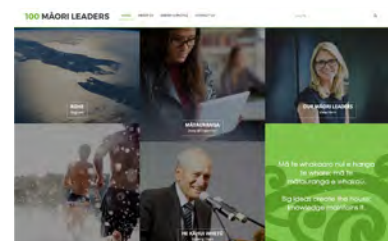
An overall recommendation was that the Toitu Hauora programme continue to be offered as a forum, a kaitiaki role for the hauora sector to discuss Māori leadership progression. More innovative and cutting edge Māori leaders are needed and approaches to succession planning by Māori leaders was identified as critical. The vision of the Toitū Hauora programme was viewed as clear and encourages the pursuit of these Māori aspirations. The future intention will be to provide annual Māori health leadership summits.

Tā Mason Durie's Toitu Accord outlines key characteristics of Māori leadership for health and wellbeing. It was developed at the Toitu Hauora 2017 Conference held at Hopuhopu in May 2017. Its purpose is to provide a platform for Māori leaders so that opportunities for united action can be facilitated. All elements that make up the Accord have relevance to the wider Māori health leadership community and are deliberately inclusive.



100 Māori Leaders

The 100 Māori leader's project is an online resource that profiles 100 Māori leaders who have contributed to health and wellbeing. The methodology of the project is innovative as it invites a Māori leader who knows another Māori leader to submit an abstract highlighting their achievements, and why they should be included on the list. This allows the deliberate profiling of Māori celebrated and known for their leadership efforts in health, or with experience in contributing to Māori wellbeing (Whānau Ora). The resource will provide a snapshot celebrating Māori leadership whilst informing people about the various roles and successes of Māori. It is envisioned this resource will inspire emerging Māori leaders working in health, research, education, policy, community services, iwi, whānau, public sector and other roles. In addition to highlighting the range of roles possible in the Māori workforce.



Māori Leaders Alumni

The project scope for the development of an alumni programme for Māori leaders has been established. The aim is to develop Te Rau Whakapiripiri (working name), and to commence building the national network with Te Rau Puawai – Massey University. Discussions with Te Rau Puawai Board Chair and Programme Staff have highlighted an interest to collaborate in order to extend the strengths in the Te Rau Matatini and Te Rau Puawai relationship, whilst enhancing what both organisations can do with increasing Māori mental health and addiction sector.

RECRUITMENT & RETENTION

Scholarships

As part of Ministry of Health funding; opportunities are provided to strengthen the Māori health, mental health and addiction workforce. Te Rau Matatini is privileged to offer Hoe Tahī and Hoe Rua scholarships solely to build the addiction workforces, and the Henry Rongomau Bennett Memorial Scholarships specifically for Māori.

Hoe Tahī

40 Hoe Tahī scholarships were provided:

- Level of study: 25 (63%) - Post Graduate, 15 (37%) – Undergraduate.
- Gender: 19 (48%) Tāne, 21(52%) Wāhine.
- The average age of this group is 42 years old.
- The ethnic make-up of this group is 38% Māori, 35% NZ European, 13% Pacific and 14% identified as Other (Asian, Dutch, German and 3 not specified).
- Institutes of study included 12 (30%) at Otago University, 11 (28%) at Moana House Training Institute, 7 (18%) at AUT, 5 (12%) at University of Auckland, 4 (10%) at WELTEC and a single student (2%) will be attending Massey University.
- The successful recipients hail from across the motu, 12 (30%) from Auckland, 6 (15%) from the Bay of Plenty and Canterbury, 3 (7%) each from Otago, Waikato and Wellington, with Manawatu, Marlborough, Nelson, Southland and Taranaki also represented with at least 1 student.

Hoe Rua

The Hoe Rua Work Based program engaged 13 hosts for the 2017 placements. A total of 11 placements were achieved in 2017, spanning the country, between Auckland and Dunedin. Of the 11 placements, 2 received offers for fulltime employment within the organisations which hosted the placements. The individual placements go through a series of on the job training to learn more on the day to day dealings within the Addiction Sector. This experience leads to career choices which hopefully keep the placement interested in working within the sector.

Henry Rongomau Bennett

15 scholarships were provided:

- Level of Study: 7 post graduate, 8 undergraduate awards
- Gender: 9 female and 6 male
- Age: 67% were under the age of 30, 10% between 31 and 40, 13% over 41 years of age.
- Location: Auckland took the top place for scholarship region sitting on 7 students out of 15, followed by Waikato on 3, Wellington 2 and Otago/Canterbury with 2 and Bay of Plenty with 1.
- Qualifications: 6 Students are looking to attain double degrees within the Bachelor of Medicine and Bachelor of Surgery, 2 Doctor of Philosophy, 1 Bachelor of Health Science, 1 Bachelor of Health Science (Honours), 1 Bachelor of Nursing, 1 Masters of Health Psychology, 1 Masters of Māori Education, 1 Masters of Nursing and 1 Post-Graduate Diploma Psychology.
- Institutes of study: 6 Students will be studying at University of Auckland, 3 at Massey University, 2 at the University of Otago, 2 at Auckland University of Technology, 1 at Victoria University Wellington and 1 at Waikato Institute of Technology (Wintec).

He Tohu Hiranga 2017

Te Rau Matatini awarded five awards to recipients recognizing Excellence and Service within the Māori health sector.

- **The Henry Rongomau Bennett Foundation Award** – 'For Contributions to Māori Mental Health' was awarded to **Dr Rees Tapsell**.
- **The 2017 Bob Henare Award** - 'Recognising and fostering rangatahi excellence toward Māori mental health' was awarded to **Turaukawa Bartlett**.
- **The Harry Pitman Award** - 'Recognising significant contribution to the ongoing development of the Māori Addiction Treatment Sector' was awarded to **Donna Blair**.
- **The Dame Tariana Turia Award** 'For Recognising significant contributions to Whānau Ora & whānau centred practice' was awarded to **Helen Leahy** (Te Putahitanga) and **Te Pou Matakana**.
- **The Tā Tātou Mahere Korowai Award** - 'For recognising significant contribution to empowering Rangatahi within child and Adolescent Mental health, Addiction and Whānau Ora Services' was awarded to **Cinnamon Whitlock**.

GROWING DATA INTELLIGENCE, EVALUATION & RESEARCH CAPACITY

TE KĪWAI RANGAHAU

Te Kīwai Rangahau Research and Evaluation Unit was established in 2014. The name was gifted by our Te Rau Matatini kaumatua Papa Tunu Walker (Waikato, Ngāti Ranginui) based on a Waikato whakataukī Ko koe ki tēnā ko ahau ki tēnei kīwai o te kete. Te Kīwai Rangahau upholds the mana of this whākatauki by ensuring a respectful reciprocal partnership occurs to honour the research and evaluation work being undertaken within our communities.

In addition, a group of values and practices Tiro Roa, guide a best approach by Māori for Māori research In addition and evaluation. These values and practices include:

- Kotahitanga – unity aimed at improving the health needs of Māori whānau at the community level
- Rangatiratanga – authority
- Mātauranga Māori – Māori knowing and understanding
- Whānaungatanga – collaborative participatory processes
- Awhi Mai Awhi Atu – a reciprocity process that allows information and knowledge to be transferred in respectful and safe way
- Tino Rangatiratanga – self-determination and autonomy, clarifying roles within the monitoring and evaluation process
- Whakakao – a purposeful system for thinking through the issues, monitoring, analysis, recommendations and dissemination of information.

There is an increasing focus for Te Rau Matatini to ensure the accountability and integrity in data collation and analyses, evaluation and research methods and

outcomes all benefit Māori. The core elements and reputation of our work programmes are built upon the quality evaluative methods that ensure Te Kīwai Rangahau provides:

- a kaupapa Māori approach that advocates for Māori communities, to be able to reach 'a truth' about their own lives, enhanced by their own worldviews and therefore influence changes that are needed to ensure positive outcomes for themselves (Bishop, 1994; Cram, 1995; Smith, 1996).
- a better understanding of the issue under study. This is central to kaupapa Māori. The requirement for Māori control is accepted (Bishop, 1994; Smith 1999;) but control of the process will not solely be held by Te Kīwai Rangahau; the researchers, but is more so reliant on a process of negotiation, quality participation and respecting of the leadership within Māori communities.
- To build an evidence base, to increase publications and a strong profile requires a team of high quality Māori research staff. Te Kīwai Rangahau is led by Dr Kahu McClintock supported by a team of six kaupapa Māori researchers skilled in quantitative and qualitative research methodologies, formative and outcome evaluation.

Te Rau Matatini aims to be a strong performer in data intelligence, evaluation and research capability and reputation to deliver high outcomes that will benefit Māori.

ACHIEVEMENTS & SUCCESSES FOR TE KIWAI RANGAHAU HAVE INCLUDED THE FOLLOWING:

Te Mauri Pimatisiwin: Journal of Indigenous Wellbeing

Since 2015, Te Rau Matatini has held the responsibility to oversee Te Mauri Pimatisiwin: Journal of Indigenous Wellbeing. As a peer-reviewed, open-access, online journal it has continued to establish, promote and share indigenous knowledge and research experience amongst indigenous professionals, academic and community leaders/groups. Two issues were released this year. The first issue included two book reviews by Dr Kahu McClintock and Maria Baker. The second issue was a special edition, in partnership with Dr Pat Dudgeon (University of Western Australia) to profile Indigenous Suicide Prevention. In this issue, Te Rau Matatini profiled its Waka Hourua suicide prevention programme findings.



Vision: An international journal of excellence to share, discuss and celebrate indigenous wellbeing pathways.

Definition: Indigenous wellbeing is holistic in conception and fundamentally relational in perspective. It is located and understood in the context of families, communities, histories, languages, traditions and ecologies. The process of self determination for indigenous peoples remains strongly connected to the wellbeing of the land, sea and sky, now and for generations to come.

Mission: The Journal of Indigenous Wellbeing, Te Mauri – Pimatisiwin is an open-access web-based publication hosted by Te Rau Matatini. The journal's mission is to promote the sharing of multi-disciplinary indigenous knowledge and research experience between professional, academic and community leaders. Articles will be original, informative and scholarly contributions on the broadly defined topic of indigenous wellbeing.

- Two issues published with a third due in December 2017
 - Volume 2, Issue 1
<https://journalindigenousewellbeing.com/category/volume/issue3/>
 - Volume 2, Issue 2 – Indigenous Suicide Prevention Special Edition
<https://journalindigenousewellbeing.com/category/volume/issue4/>
- Journal Patron Barry Bublitz acknowledged the leadership of the inaugural Chair, Professor Linda Nikora. Her skill and wisdom gave leadership that ensured Te Mauri-Pimatisiwin continued to provide accounts of indigenous research and narratives worldwide, the Editorial Chair vacancy provided an opportunity for Professor Brendan Hokowhitu to step into this leadership position.
- As seen in Table 1, Te Mauri-Pimatisiwin published 20 articles for the time period with contributions from a total of 82 authors.
- The Editorial Collective Community has grown to a membership of 276 members.

- Te Mauri-Pimatisiwin website has experienced positive readership engagement with over 46,000 visitors to the site and almost 6,000 article downloads (Table 2).
- Complementing the Healing Our Spirit Worldwide relationship with the journal, New Zealand, Australia, Canada, and the United States continue to be the top accessing countries (Figure 1).

Table 1: Publication engagement for the year 1 January – October 31 2017

Issue details	Number engaged
Authors published	82
Articles produced	20
Editorial collective community members*	276

* The role of the editorial collective is to promote the journal within their professional and community networks and to encourage engagement by people interested in indigenous wellbeing and the mission of the journal. The membership of the collective will reflect the international and inclusive intent of the journal and the fact that many submissions are expected to be community specific. The editorial collective will also be invited to review submissions and advise the Board and the Editors as appropriate.

Table 2: Website engagement for the year 1 January – October 31 2017 in comparison to first year of production

Website site/journal details	2016 (Year 1)	Current period
Visits	63,153	225,995
Unique Visitors	11,076	46,987
Total downloads	2,406+	5,916+
Volume 1, Issue 1 downloads	1207	435
Volume 1, Issue 2 downloads	315	990
Volume 2, Issue 1 downloads	--	1,502
Volume 2, Issue 2 downloads	--	1,355
Archive downloads	884+	1,634+

For the 2017 year Table 2 translates to an increased readership and interest in Te Mauri - Pimatisiwin.

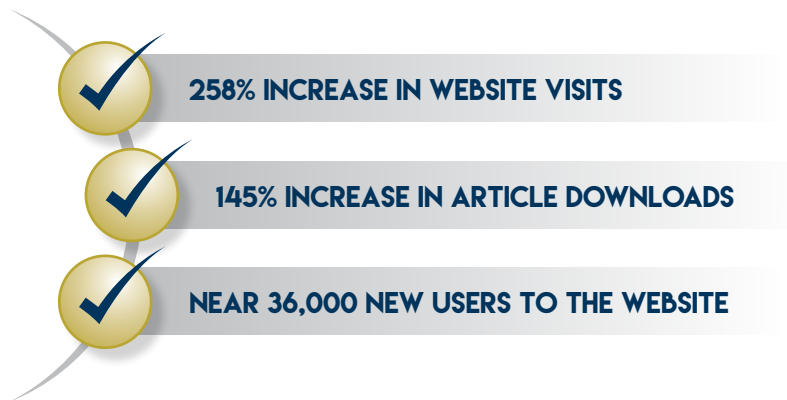


Figure 1: Te Mauri-Pimatisiwin growth for the year 2017

Our top readership locations can be seen in Figure 2 which indicates the strong relationships that are maintained with Canada following their gifting of the journal and also with the wider Healing Our Spirit Worldwide community.



Figure 2: Top viewing countries for Te Mauri Pimatisiwin – Journal of Indigenous Wellbeing

Webinars

Online video presentations or webinars have gained ground in distributing the education, knowledge and support across sectors to people interested in evaluation, outcomes, measurement tools and methods to assist with their practice or service. This year Te Kīwai Rangahau completed sixteen webinars covering a range of topics such as Kaupapa Māori research; Evaluation for Community and Kaupapa Māori Health providers; Hua Oranga and Toro mai to Ringa (Outcome Tools). This method has been a successful channel for Te Rau Matatini, and the outcomes from the participants have demonstrated a significant improvement in knowledge about evaluation, research and outcome measurements.

Tikanga Rangahau Webinar Series

Te Rau Matatini had the pleasure of being the official webinar provider for the Te Kotahi Research Institute's Tikanga Rangahau webinar series. This series provided a space for Māori researchers and senior Māori scholars to share knowledge that highlights the critical significance of Kaupapa Māori research.



Date	Topic	Presenter(s)
24th of July	Kaupapa Māori Theory	Associate professor Leonie Pihama, Discussant: Dr Naomi Simmonds
14th of August	Kaupapa Māori Methodology	Professor Linda Tuhiwai Smith, Discussant: Joeline Seed-Pihama
4th of September	Pūrākau as Methodology	Associate Professor Jenny Lee-Morgan Discussant: Jillian Tipene
16th of October	Data Sovereignty	Professor Tahu Kukutai, Discussant: Tammy Tauroa

Evidence Based Reporting

Te Kīwai Rangahau has built its capability in creating infographic methods to articulate and present our evidence base differently and succinctly. As a result data has been transformed into memorable resources and information for Te Rau Matatini to share with the sector. Imagery that draws the reader into the Māori narrative, into our messages, evidence and information which has resulted in increased engagement with current and new stakeholders.

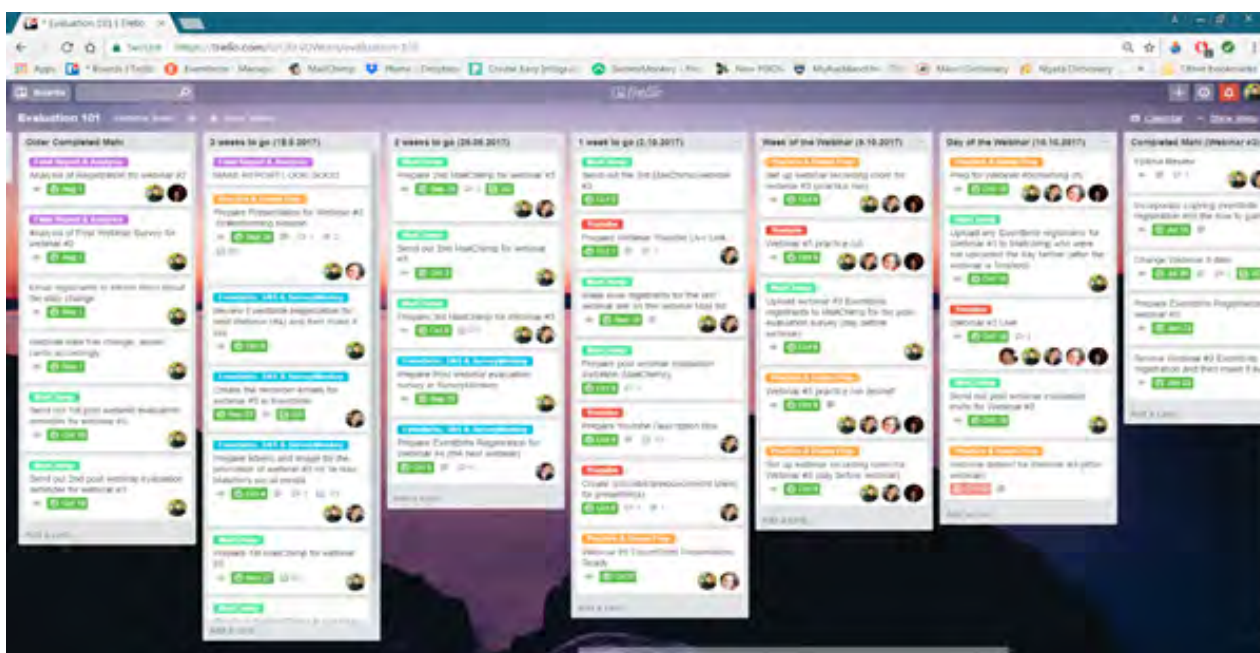
WHY WORKFORCE DATA

Accurate, timely and relevant workforce data lets us know where we have been, where we are now and where we are going



IT Tools & E-pānui

Te Kīwai Rangahau has led the way for Te Rau Matatini in introducing a range of IT tools that can be utilised in house to benefit staff. Since July 2017, Te Rau Matatini has been using Trello (<https://trello.com/>) to improve project management and reporting across the organisation. Trello is a web-based collaboration and project management tool, which provides a centralised place where team members can organise and plan the completion of tasks. Trello is a visually engaging tool which involves staff creating boards which they can add lists and cards too. By creating Trello boards for projects, Te Rau Matatini staff can easily define tasks, assign tasks to team members, track the progress of work, and clearly outline timeframes and due dates.

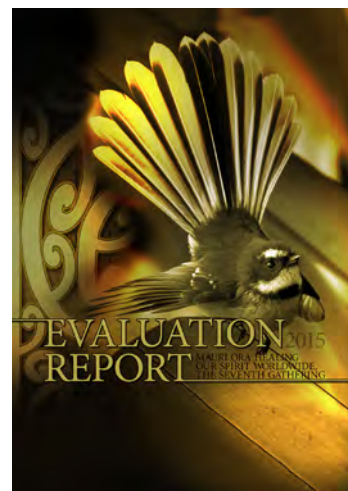


(image: An example of a Te Rau Matatini Trello board – Evaluation 101 team board)

Te Kīwai Rangahau now create and distribute the monthly epanui for Te Rau Matatini. The monthly epanui raises topics of interest, shares intelligence and information with the sector, celebrates inspiring stories and informs of pending events and kaupapa.

Programme Evaluation

Ongoing evaluation is integral to determine the effectiveness of the various work programmes with Te Rau Matatini. Seeking information about key components and on the status of programmes ensures continuous feedback between teams on how the programme is progressing and if we are achieving what was set out to do. Through the experience of both senior project managers and Māori researchers we have the advantage of using a range of evaluative methods. Te Rau Matatini is then able to seek the answers to understanding the successes, challenges, impacts, value and areas of improvements.



Research & Evaluation

As part of the Waka Hourua Programme, Te Kīwai Rangahau successfully completed 47 Waka Hourua Community Fund Evaluation Reports, which were published and placed on the Waka Hourua Website. This achievement represented a significant milestone from a three year contract that ended 30 June 2017. Dr Kahu McClintock published two articles on this evaluation work in the Te Mauri Pimatisiwin Journal of Indigenous Wellbeing October Issue 2017.

Waka Hourua Research Agenda: From Te Rā o te Waka were four research projects. Articles on the research findings were published by the Waka Hourua researchers in the Te Mauri Pimatisiwin Journal of Indigenous Wellbeing October Issue 2017

Researcher: Dr Jemaima Tiatia-Seath

Research priority: Realising the Potential of Supporting Recovery

Location: Hibiscus Research Centre

Title: Suicide Postvention: Support for Pacific Communities

Researcher: Dr Catherine Love

Research team: Dr Keri Lawson-Te Aho, Professor Emeritus Sir Ngātata Love, Shamia Shariff

Research priority: Realising the Potential of Cultural Identity.

Location: Koru Institute

Title: Towards Mauri Ora: Entrepreneurship education and community development for hard to reach rangatahi and their whānau - pathway and models for sustainable development -

Researcher: Taimalieutu Kiwi Tamasese and Tafaoimalo Loudeen Parsons

Research priority: Realising the Potential of Cultural Identity

Location: Pasifika Family Centre

Title: Investigating Pasifika cultural strengths and prevention of suicide

Researcher: Ngaropi Cameron

Research team: Leonie Pihama, Jocelyn Millard Awhina Cameron

Research priority: Realising the Potential of Supporting Recovery

Location: Tū Tama Wāhine

Title: He Waipuna Koropupu

National Science Challenge: Research



There are 11 National Science Challenges, each targeting a bold goal in a different area of science overseen by the Ministry of Business, Innovation & Employment (MBIE). The objective of E Tipu E Rea, A Better Start is researching improved methods and tools to predict, prevent and treat Mental Health problems specific to youth, Obesity and Literacy issues. In 2016 Dr McClintock was invited to be an advisor on the Mental Health programme Health Advanced through Behavioural Intervention Technologies (HABITS) by the lead, Professor Sally Merry, Auckland University. During 2017 Dr McClintock, in order to contribute to the development of an online early intervention tool, has been pivotal in engaging Rangatahi, Parents and Key Kura personnel at Te Ahurei a Rangatahi, a Rangatahi service, Ngā Tai Atea a Wharekura and Fairfield college, all located in Kirikiriroa.. In 2017 a pilot of the tool is expected to commence with both Ngā Tai Atea a Wharekura and Fairfield college.

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Smith, L.T. (1999) *Decolonizing Methodologies: Research and Indigenous Peoples*. London: Zed.

MĀORI MENTAL HEALTH & ADDICTION SECTOR

TE HUARAHĪ O TE KETE POUNAMU

Te Rau Matatini national group who represent Māori with lived experience of mental illness and mental health services is Te Huarahi o te Kete Pounamu. Te Huarahi o te Kete Pounamu was formed to provide an independent vehicle, a structured partnership between Māori with lived experience of mental illness and mental health services, stakeholders and Te Rau Matatini to facilitate meaningful discussions in the pursuit of optimum health outcomes for Māori. A representative roopu of Māori resident from Northland to Southland. The purpose of Te Huarahi o te Kete Pounamu is to provide Māori with lived experience of mental illness and mental health services a voice at a national level to improve health services and Māori health outcomes.



KAUPAPA WHĀNAU ORANGA

With the assistance of Māori Development Scheme fund, Te Rau Matatini supported the establishment of Kaupapa Whānau Oranga, and expert group of Māori leaders with a history of making change in regard to addiction related harm in whānau Māori. A memorandum of understanding was signed May 2017. Rōpū Mangai continue to liaise with Te Rau Matatini on issues impacting Māori and addiction and the workforce needs to meet such.



WHANAUNGATANGA

Te Rau Matatini have actively provided Whānaungatanga Hui to enable opportunities for the facilitation of communities of practice in the Māori mental health and addiction sector. Through facilitated hui and wananga across regions of New Zealand, the engagement of the Māori mental health and addiction sector is growing stronger. By taking hui into communities, stakeholders are connecting with each other, there is wide spread dissemination of information, resources and kōrero to important topics of interest for health professionals and Māori service users. During 2017, whānaungatanga hui were held in Northland; Auckland; Hamilton; Taupō; Palmerston North; Wellington; Christchurch and Invercargill. It is our belief communities of practice will build the capacity and capability of the Māori mental health and addiction sector whilst enabling and informing the development of new models and solutions for Māori.



KAUPAPA MĀORI MENTAL HEALTH & ADDICTION WORKFORCES

Marae wānanga were held for the Kaupapa Māori mental health and addiction workforces that focused on mana wahine and tane ora. These Hui offered opportunities for kaimahi Māori to refresh Māori models of practice as Māori mental health practitioners.



WAIJUATANGA

Workforces employed in kaupapa Māori mental health and addiction services require cultural and dual competency based professional and practice development options. A national representative group of Kaupapa Māori experts is formed and are working with Te Rau Matatini on 'Wairua'. This is an invested interest for Te Rau Matatini to unpack, to understand and broaden the development of the Māori workforce, in regard to working with and addressing clients 'wairua'. A key component in Māori health models, of wellbeing and healing, it is the role of Te Rau Matatini to contribute further to what is required in this field. We will continue to work with our elders, and tohunga on 'wairua' and we will look toward the emerging and promising frameworks and resources that will come as part of this work to improve Māori health outcomes.

WHĀNAU CENTRED PRACTICE & Whānau CENTRED WORKFORCE

Consultation Hui were held with whānau (Northland, Taupō, Palmerston North, Christchurch) with experience of caring for a loved one with mental illness and mental health services. The key concerns expressed by whānau included:

- Whānau appreciation for being able to share stories with other whānau with similar stories
- Whānau frustration at not being heard and listened to
- Whānau exasperation at the lack of action and supports to help them with their loved one.

The aim of this programme is to develop standards of practice in working with Māori whānau, in mental health services. The standards will be piloted in two district health boards, and two whānau centred practice resources will be created for practitioners who work with Māori whānau.

MĀORI NURSING WORKFORCE DEVELOPMENT

We celebrated ten years of the Huarahi Whakatu professional development and recognition programme for Māori Registered Nurses. Huarahi Whakatū was one of our first dual competency based programmes developed and we have sustained its accreditation with Nursing Council of New Zealand. Huarahi Whakatu is the only non government organisation programme provided to 100 Māori Registered Nurses outside of district health boards. In 2016, we launched an eportfolio which has significantly increased the ability of Māori Nurses to complete their professional portfolios for assessment.

MĀORI ADDICTION WORKFORCE DEVELOPMENT



Te Hau Marire Addiction Workforce Strategic Framework for people working with Māori experiencing addiction related harm (2015-2025)

Te Hau Mārire: Addiction Workforce Strategic Framework is for people working with Māori experiencing addiction-related harm (2015-2025). It brings together the knowledge and experiences of Māori in the addiction treatment sector to guide the development of a competent workforce that will contribute to the minimisation of addiction-related harm and achievement of whānau ora.

Manaaki: Mana enhancing and Mana protecting practice

The Substance Addiction (Compulsory Assessment and Treatment) Bill (in short known as SACAT) was passed this year and replaces the Alcoholism and Drug Addiction Act (1966). It is a compulsory assessment and treatment legislation which will focus on aiding those with severe substance addiction and lack capacity to make decisions about treatment. The principles of SACAT is to provide compulsory assessment and treatment to people who meet the criteria.

Under the act there is an expectation to:

- (a) Protect them from harm; and
- (b) Facilitate a comprehensive assessment of their addiction; and
- (c) Stabilise their health through the application of medical treatment (including medically managed withdrawal); and
- (d) Protect and enhance their mana and dignity and restores their capacity to make informed decisions about further treatment and substance use; and
- (e) Facilitate planning for their treatment and care to be continued on a voluntary basis; and
- (f) Give them an opportunity to engage in voluntary treatment .

It is clear from these expectations that compulsory assessment and treatment is to provide a safe space to stabilise a debilitating chronic condition to begin a process of recovery and healing. While not stated in these expectations, from a Māori perspective there is also an assumption that the process of healing will be inclusive of whānau. In 2016, prior to the final reading of the Bill Te Rau Matatini developed a resource called Manaaki: Mana enhancing and Mana protecting practice in anticipation to inform the workforces about mana, and mana enhancing practice. Since the legislation passed, Terry Huriwai has worked in partnership with the Ministry of Health and Matua Raki to deliver the mana enhancing practice component to the addiction sector.

¹Downloaded from:

http://www.legislation.govt.nz/bill/government/2015/0116/latest/DLM6609064.html?Search=sw_096be8ed81204983_mana_25_se&p=1&sr=1

He Puna Whakaata

The Māori addiction and mental health sector has an appetite for practice development opportunities that blend the cultural and clinical elements together to improve Māori wellbeing. With leadership from Māori Clinical Psychologist Andre McLaughlin, it is the privilege of Te Rau Matatini to facilitate He Puna Whakaata to the sector, under Te Hau Marire. He Puna Whakaata provides a process of transformation in the therapeutic relationship by utilising techniques drawn on motivational interviewing, micro-counselling, and cultural fluency. One day practice development wananga have been delivered to mental health and addiction workforces (200). By introducing the He Puna Whakaata resource to the sector, they are shown how to utilise the activities in the resource and explore options for support going forward.



MĀORI SUICIDE PREVENTION

Waka Hourua

Waka Hourua is the Māori and Pasifika Suicide Prevention Programme. Goals are to support Māori whānau, hapū, iwi, Pasifika families and communities to develop solutions to prevent suicide through:

- Building the capacity and capability of Māori whānau, hapū, iwi, Pasifika families and communities, to prevent suicide and to respond safely and effectively when and if suicide occurs.
- Ensuring that culturally relevant education and training are available to Māori whānau, hapū, iwi, Pasifika families and communities that focus on building resilience and leadership.
- Building the evidence base of what works for Māori whānau, hapū, iwi, Pasifika families and communities to prevent suicide, through research carried out by, with and for these groups.
- Building Māori community and Pasifika community suicide prevention leadership.

LEADERSHIP GROUP

Waka Hourua Legacy Presentation

Between Te Rau Matatini, Le Va and the Waka Hourua Leadership Group, there was no guarantee that at the end of the Waka Hourua Contract (30 June 2017) there would be an extension to the contract. In preparation for a complete end, the Waka Hourua Leadership Group developed what they called a Legacy Document to present the key learnings, achievements and outcomes from the various projects, approaches over the three year tenure of the Waka Hourua programme. In July 2017, the Waka Hourua Leadership Group presented the legacy model to a room of approximately 40 people, from various units in the Ministry of Health and Te Puni Kokiri. The legacy document provides critical insights and will be a useful evidence informed resource for the public.



National Māori & Pasifika Suicide Prevention Hui- Fono: Rere tonu te Waka

Two day Hui-Fono was held at Manurewa Marae, Auckland in April 2017. Facilitated by Kataraina Pipi and Betty Sio the programme was developed by Te Rau Matatini and Le Va with guidance from the Leadership Group. The objectives of the Hui Fono were to align with the four objectives as set in the contract. Also to encourage conversations around "so what" and "where to next" whilst sharing key learnings, development, delivery over the two day wananga. Key elements of the first day included:

- Opening Address by Sir Mason Durie

- Joint presentation of Dr Monique Faleafa and Maria Baker about Waka Hourua, its key objectives and range of approaches provided by Le Va and Te Rau Matatini.
- Focus on youth and suicide prevention was provided with critical factors for success.
- Building the capacity and capability of Māori and Pasifika communities:
Te Rau Matatini: Pouarahi insights were presented by Hakopa Paul and Jon Royal. Le Va: Flo and Champions across communities.
- Evening session provided an opportunity for indepth critical reflections in Pasifika Fono and Māori Hui.

Key elements of the second day included:

- A summary of Hui Māori & Pasifika Fono
- Culturally relevant education and training. Experiences from Le Va – Flo and Te Rau Matatini – Te Ihi Ora
- Building the evidence base: Summary of findings from the research projects, community funds and various components.
- Critical success factors for Māori and Pasifika communities.

BUILDING MĀORI COMMUNITY CAPACITY & CAPABILITY

- Identified as Champions within communities, Pou Ārahi were recruited and employed by Te Rau Matatini to identify individuals, groups and providers in Māori communities that could form local advisory groups, establish an action plan and could work together to counteract the losses associated with suicide.
- During 2017 six Pou Ārahi were employed across nine DHB regions: Northland (Far North); Counties Manukau; Waikato; Lakes (Ngāti Pikiao); Hawkes Bay; Whanganui; Taranaki; Palmerston North, Wairarapa.
- Each Pou Ārahi established an advisory or leadership group in each of the communities they worked in. With goals of building the capacity, capability and resilience of Māori communities.
- The characteristics in these Māori communities elaborated points such as:
 - Rejection of models of mental illness and deficit approaches based on negative statistics
 - Emphasis on strengths of individuals, groups, communities and Māori culture.
 - Focus on whānau, tamariki, rangatahi and collectives rather than individuals only.
 - Emphasis on prevention, and the availability of a wide range of interventions and activities such as training, wānanga.
- Pou Ārahi roles were significant as active advocates in and for the Māori communities, each prompting increase in awareness, connectedness and leadership to address losses caused by suicide.



Example of Plan developed by Pou Arahi Midcentral Region



Increasing Evidence Base

47 Community Initiatives, their individual evaluations and four Research Projects were completed this year. The Special Edition Indigenous Suicide Prevention Journal that was launched September 2017, in partnership with University of Western Australia (Dept of Indigenous Studies) were articles from the Waka Hourua Programme. These included the Waka Hourua Outcomes Framework and evaluation processes; Findings from the 47 Māori Community Funds; three of the four research projects: He Waipuna Koropupu: Taranaki Māori wellbeing and suicide prevention; Towards Mauri Ora: Examining the potential relationship between indigenous centric entrepreneurship education and Māori suicide prevention in Aotearoa, New Zealand; Supporting the bereavement needs of Pacific Communities in Aotearoa, New Zealand following a suicide.

<https://journalindigenuswellbeing.com/category/volume/issue4/>

The remainder research project by Kiwi Tamasese and co, with the findings from the Māori community programme will be submitted for publication by the end of 2017.

WAKA HOURUA MAORI COMMUNITY FUND

24,555 Participants

47 initiatives
Nation Wide



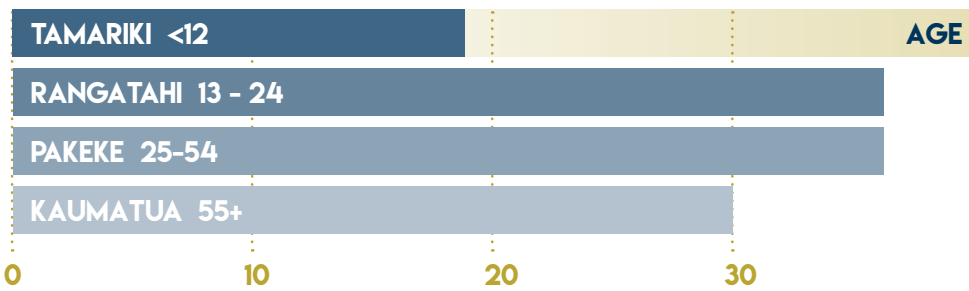
INFORMED, COHESIVE & RESILIENT COMMUNITIES
18 Initiatives with 10,762 Participants



STRONG SECURE & NURTURING WHĀNAU
12 Initiatives with 1,819 Participants



SAFE, CONFIDENT & ENGAGED RANGATAHI
17 Initiatives with 12,064 Participants



Approximate number of participants
Average gender calculated from 32 initiatives

Number of initiatives that worked with these age groups
Average Māori population rate calculated from 41 initiatives

Te Rā o Te Waka Hourua

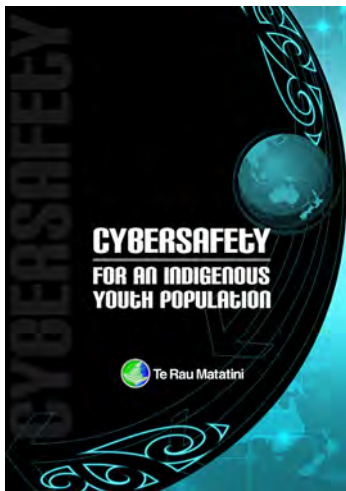
The strategic research agenda Te Rā o Te Waka Hourua received community support. The awarding of research funds has meant that the completed four projects will be built upon in 2018 with the new refresh of Te Rā o Te Waka Hourua

<http://wakahourua.co.nz/sites/default/files/Key%20Messages%20M%C4%81ori%20and%20Pacific%20Research%20Symposium%20Final.pdf>

Key elements within Waka Hourua

Specific elements within Waka Hourua have included targeted foci upon rangatahi, wahine and tane with resources to change the narratives and to promote evidence of promising evidence.

Rangatahi



Wahine ora



Tane Ora:



MĀORI HEALTH PROMOTION

KAITIAKI AHUREA

Kaitiaki Ahurea is the Māori Health Promotion Programme delivered in the South Island. It provides an essential foundation programme for Non Māori and Māori working in public health, health promotion to enhance their ability to work with Māori communities in the South Island. The programme provides students a Level 2 qualification.

We delivered the programme to 100 people, and had the privilege of delivering in the beautiful South Island, Christchurch, Temuka, Dunedin and Invercargil (The Bluff). We wish to thank SIAPO, Herenga Waka, Public health leaders, and the overall sector for their support of Te Rau Matatini, nga mihi.



HE ARA TOIORA

He Ara Toiora programme was created by Te Rau Matatini in response to the Ministry of Health Te Ao Auahatanga Hauora Māori: Māori Innovation Fund (Te Kakano Category 2013-2017). The key priority for this funding was 'Tikanga a Tamariki Mokopuna' – (Te Ao Māori approaches to whānau health and wellbeing through improved child health outcomes).

He Ara Toiora programme was developed during a four-year pilot, iteratively innovating, changing and improving, reflecting its ongoing cycles of reflection and learning. The programme has five distinct and interrelated components: An online portal; A Kōhanga Reo initiative; A Kura Kaupapa Māori initiative; A Kainga initiative and a Hāpori initiative.

Key evaluative findings identified that the programme would contribute considerable value to tamariki, whānau, Kura Kaupapa Māori, Kōhanga Reo, and Hāpori and would be well suited to Māori medium education. He Ara Toiora innovation was viewed as a good concept, with high relevance to stakeholders, especially Kura Kaupapa Māori and Kōhanga Reo. Following internal strategic planning process, we decided to re design He Ara Toiora. The structure has remained the same. We have refreshed the videos using Kahu Hotere and four tamariki Māori shifting away from the animation. The rationale behind was to refresh the product cost efficiently. Animation is a high cost development process. It will also give a

consistency to the video products within the programme. We have also translated the scripts and filmed the videos in English. Glossaries have also been developed to support translation and Te Reo understanding.



We refreshed the videos in to a new social media technique and posting options. We also looked at healthier recipes adding nutritional information plus information that will align with other strands in the programme. We have included components about learning to stretch in exercise as well as safety tips when undertaking the activities and exercises.

Extra narrative talks about hydration, sunscreen, sun smart direction, wearing a helmet, safe swimming.

TE HAU MAIA: TRAINING



Te Rau Matatini redeveloped a range of cultural competency and practice development programmes it possesses for frontline workforces who work with Māori. The portfolio of training has increased and will continue to extend its options and delivery in 2018. The below is a summary;

- Kaitiaki Ahurea: Level 2 foundation Māori Health Promotion Programme for non Māori and Māori.
- Takarangi Competency Framework and Programme: Competency based programme implemented across mental health, addiction, primary care, whānau ora and social service sectors.
- Te Ihi Ora: Kaupapa Māori suicide prevention, intervention and wananga for Māori communities, NGO's and frontline workforces.
- Tiakina Te Ahuru Mowai: Wananga programme centres on Māori women, their tamariki within the context of family violence, mental illness and suicide prevention.
- He Puna Whakaata: A blended matauranga Māori and clinical intervention practice development package.
- Mana enhancing Practice: Module focuses on importance of mana, enhancing and protecting mana of people we therapeutically work with.
- Cultural Fluency: Modernised cultural competency programme and approach
- Kaupapa Māori Mental Health and Addiction Sector Wananga: Learning wananga for Kaupapa Māori workforces to enhance knowledge and advance practice.
- Māori Leaders Forum: Forum for emerging and current Māori leaders.

HIGHLIGHTS & ACHIEVEMENTS INFOGRAPHICS

ON [THE MEDIA]



teraumatatini.com

69k unique visitors
page views 13,270

Te Rau Matatini

6k followers
79% NZ fan base
predominately female
ages 25 - 54
average 6 posts per week

wakahourua.co.nz

33k unique visitors
page views 9,334

The reach

29M
unique user reach

e-pānui 10
total sent

86M number of impressions seen of any content associated with facebook.com/TeRauMatatini
total counts

22k number of e-pānui distributed (subscribers)



INFRASTRUCTURE

LOCATION

In 2016 Te Rau Matatini had a shared office arrangement in Hamilton for Te Kīwai Rangahau and a large office base in Wellington, the lease of which was to come to an end in 2017. Both situations provided Te Rau Matatini an opportunity to review its strategic location and investment. In February, Te Kīwai Rangahau shifted into 233 Anglesea Street, Hamilton and the Wellington office shifted to 22 Kaiwharawhara Rd, Wellington. Future strategic direction will enable Te Rau Matatini to seek the opportunity to establish a foot print in Auckland and Christchurch.

Poneke Office



Kirikiroa Office



WEBSITES

Te Rau Matatini administers two websites, Te Rau Matatini and Waka Hourua (Suicide Prevention), both were updated ensuring the ability to provide platforms.

FACEBOOK

Te Rau Matatini has one face book page, after merging Waka Hourua facebook page with the Te Rau Matatini face book.



INTELLIGENCE & RESOURCES

- Profiling the Māori Health Workforce
- Te Mauri – Indigenous Wellbeing Journal
- Te Rau Matatini and Waka Hourua Websites

TE RAU MATATINI HUI & EVENTS in 2017

- Hui Fono 2017 (Manurewa Marae)
- Toitū Hauora (Tainui Waikato)
- Ngā Kuaha Tūmanako (Tūrangawaewae Marae)
- Whānau Consultation Hui (Northland; Taupo; Palmerston North; Christchurch)
- Wairuatanga Hui (Auckland & Northland)
- National Māori Mental Health & Addiction Sector Whānaungatanga Hui

TE RAU MATATINI



22 Kaiwharawhara Road, Kaiwharawhara Wellington 6035

Aotearoa New Zealand

Phone: +64 4 473 9591

Callfree: 0800 MATATINI (628 284)

Email: communications@teraumatatini.com

Website: www.teraumatatini.com

TE RAU MATATINI

Call free 0800 628 284 | www.teraumatatini.com