

Kaitiaki Ahurea^{LEVEL 2}

TRAINING COURSE
Effective Health Promotion in Maori Communities



Kaitiaki Ahurea is an NZQA accredited Level two training course offered by Te Rau Ora.

Kaitiaki Ahurea offers a program to improve public health and health promotion knowledge and leadership skills for people who are working with Māori communities.

This course is offered to non Māori and Māori workforces and whānau Māori who work in public health, health promotion and communities with a specific interest in enhancing Māori health outcomes. The course includes the following:

Programme Content

- Māori cultural principles
- Cultural dimensions of illness and wellbeing
- Historical perspectives of Māori and Health Promotion
- Māori perspectives of Health Promotion Campaigns
- Rationale for Health Promotion
- New Zealand Public Health Policy
- New Zealand Health Promotion Frameworks
- Identifying Challenges with health promotion campaigns
- Key aspects in health promotion delivery to Māori communities

Desired Learning Outcomes

To increase the knowledge and understanding of health promotion from a Māori cultural context.

To establish tools and skills to implement health promotion activities appropriate for Māori communities.

Professional Development Hours

Wānanga: 20 hours (including assessment)

Self-directed learning: 10 hours

TOTAL: 30 hours or points

Proposed Delivery

A two day wānanga can be adapted according to time and frequency, and for either separate or combined Māori and non-Māori

Time Commitment

Wānanga will involve one or two days for learning and one or two day wānanga where you will be expected to complete two assessments: 1. a kete (collection) of health promotion resources and 2. Group presentation.

Course Materials

Resources will be supplied.

Facilitators



Dr. Maria Baker

Te Rau Ora
Pouwhakahaere Matua (CEO)

Iwi: Ngāpuhi nui tonu

Academic: PhD: MPhil Nursing; Grad Dip Māori Development; PG Dip MH Nursing; Grad Cert Clinical Teaching; Workplace Assessor

Recent work experience: Registered Nurse; (Adult Mental Health; Māori Health (Primary and Secondary/ NGO; Iwi and District Health Boards). Service development and improvement. Competency development, Lecturing/Wānanga and Māori Evaluation

Email: maria.baker@terauora.com



Valerie Williams

Te Rau Ora:
Kaimanaaki

Iwi: Rongomaiwahine

Academic: MN Masters Nursing (Mental Health Endorsement)

Recent work experience: Practice Development Lead and Facilitator for Te Huarahi o te kete Pounamu. Valerie worked in the mental health and addictions sector for 20 years and has held a number of roles having worked in District Health Board, Public Health Organisations, Health Boards, Non-Government Organisation, GP Practice and Regional Planning. Valerie has a Clinical Masters in Nursing, with her clinical supervision research methodology utilised to develop a national framework for mental health nursing supervision. Valerie continues to provide mentoring and supervision for Māori clinicians, undergraduate and post graduate nursing students.

for further information about courses contact Valerie Williams

Email: valerie.williams@terauora.com



Witeria (Witi) Ashby

Te Rau Ora
Kaumatua

Iwi: Ngāti Hine, Ngāti Kawa

Whare Tūpuna Ko Taumarere te Awa Ko Motatau te Maunga Ko Ngāti Hine te Hapū Ko Ngāpuhi te Iwi

Whānau mai a hau i roto Te Kawakawa Ngāti Hine puta noa i te Tai Tokerau, e toko iwa ōku nei Tamariki waenganui ia hau me taku hoa Rangatira, e toko rima ōku nei mokopuna taku hoa Rangatira ko Dianne Grennell no te Ngāti Mutunga ki Whare Kauri I noho mai ana māua e I roto Whanganui a Tara.

My Name is Witeria Lewis Ashby (Witi) I am from Ngāti Hine, Ngāti Kawa. My Marae Tūpuna is Koroki My River is Taumarere My Mountain is Motatau My Hapū is Ngāti Hine My Iwi is Ngāpuhi

I was born in Kawakawa Tai Tokerau. Between me and my wife, Dianne Grennell from Ngāti Mutunga ki Whare Kauri (Chathams), we have nine children and five grandchildren and we currently reside in Wellington.

Email: witi.ashby@terauora.com