



2016

Maka Hauua

NGĀTI HINE
HEALTH
TRUST

EVALUATION

RAID MOVEMENT



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Acknowledgement

He hōnore
He korōria
He maungārongo ki te whenua
He whakaaro pai ki ngā tāngata

On behalf of the Waka Hourua Māori and Pasifika Suicide Prevention Programme, Te Rau Matatini, I would like to acknowledge the Ngāti Hine Health Trust for their commitment to suicide prevention. The invaluable activities and discussions will provide quality information on suicide prevention available for whānau, hapū and iwi.

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Key Message

Waka Hourua

- Provide better access to information, resources and referral pathways for youth in distress.
- Provide better access to information, resources and referral pathways for parents of youth in distress.

Background

In 2012, The Raid Movement was formed as a group of young people residing in the Whangarei District who stood up to address youth suicide. The Raid Movement came under the umbrella of the Ngāti Hine Health Trust and gained significant momentum, facilitated community events, convened RAID planning meetings and presented at stakeholder forums.

Waka Hourua Project

The Raid Movement Parent Branch Initiative

The Raid Movement wanted to extend their work with the creation of a Parent Branch and Ngāti Hine Trust was keen to ensure The Raid Movement's vision remained youth-led, youth-driven and youth-centred.

This Ngāti Hine Parent Branch is a youth development-community action designed to:

- Broaden and enhance parents' understanding of 'the life of a young person'.
- Promote 'youth-centred' parenting in a digital age.
- Strengthen youth-parent relationships through involvement in Raid activities.

The aim of the RAID 'Parent Branch' initiative is for sustainable change, change of mind, change of action and change to youth suicide. There were key activities within the plan:

- RAID Youth Development Workshops- with parents involving recruitment and training.
- Suicide Prevention and Intervention Training- for parents, forums and Applied Suicide Intervention Skills Training (ASIST).
- RAID Activities and Events- providing parents with the opportunity to participate in planning and implementing RAID activities and events through an online RAID Parental Portal.

These activities support the overall outcomes of the Waka Hourua Fund.

Desired Outcomes of the Waka Hourua Funded Initiative

- Families, whānau and communities are strongly connected to one another and people actively participate in the wider community
- Families, whānau and communities have their own approaches and plans in place and are actively building resilience and reducing risks of suicide
- People are informed about and assisted to access the services available to them
- Community leaders empower people, foster resilience and bring people and resources together
- Families, whānau and communities have stronger relationships and confidence to be able to talk about their difficulties, and
- People bereaved by suicide receive the support they need within their families and whānau.

Te Kīwai Rangahau, Te Rau Matatini’s Research and Evaluation Team was commissioned to provide a review of the Waka Hourua Project: Ngāti Hine Trust – Raid Movement. This review summarises the development of the project and it’s implementation

This initiative also aligns with Goal 1 of the Waka Hourua Outcome Framework, specifically the pathways and indicators under Tertiary Prevention: Minimising the adverse impacts arising from suicide:

Pathways/Actions	Indicators
<ul style="list-style-type: none"> Initiate actions that will reduce community risks. 	<ul style="list-style-type: none"> Communities have established a safe forum for discussing suicide prevention and resourcing.

Deliverables

Key Deliverables	Performance Standards	Status
Development of RAID parent portal. Lead a number of RAID activities and events targeted at parents.	90% of participants have increased awareness and knowledge of RAID programme.	Achieved
Facilitate RAID Youth Development Workshops with parents.	25 Parents and their youth sign up to RAID programme. 90% of participants have increased awareness and knowledge of suicide prevention.	Achieved

Schedule

Project Milestone Narrative

RAID STRATEGY	ACTIVITY	OUTCOME	RESOURCES
<p>To RAID the minds of Youth and:</p> <p>Provide youth focussed / youth-led prevention activities.</p> <p>Provide better access to information, resources and referral pathways for youth in distress.</p> <p>Further develop a RAID Movement online intervention approach to prevention.</p>	<p>Raumati Festival 18 December, Kaikohe. RAID MC- key message 'life over everything' and launch of Performing Arts CD. Target group: whānau – approximately 500+ attended the event.</p>	<p>Increase awareness of suicide prevention and the message 'life over everything'.</p> <p>Youth feel supported and know how to get help.</p> <p>Provide an opportunity to recruit new RAIDers.</p>	<p>RAIDers RAID register/survey RAID frame Happy canvas Graffiti board Wrist bands, tees, buckets Tihei Mauri Ora brochure Referral pathway flow chart</p> <p>Note: a robust management / clinical support system is in place.</p>
<p>To RAID the streets and:</p> <p>Provide youth focussed / youth-led prevention activities.</p> <p>Provide better access to information, resources and referral pathways for whanau with youth or know youth in distress.</p> <p>Contribute to the development of and access to training.</p>	<p>Waitangi Day 6 February, Waitangi. RAID stage – key message 'life over everything'. RAID tent – key activities happy canvas, Treaty for Children, RAID frame, RAID register / survey, distribute RAID resources. Target group: whanau – 8000+attended the event.</p> <p>Pasifika Fusion Festival, Whangarei CBD, 21 March. RAID tent activities included happy canvas, Treaty for Children, RAID frame, RAID register / survey, distribute RAID resources. Target group: Pasifika and Maori whānau – 3000 attended the event.</p>	<p>Increase awareness of suicide prevention.</p> <p>Youth and whānau are better informed how to support youth in distress.</p> <p>Youth and whānau have the resources to support youth in distress.</p> <p>Youth and whānau are clear what the referral pathway is for youth in distress.</p>	<p>RAIDers RAID register / survey</p> <p>Tihei Mauri Ora – supporting whānau through suicidal distress – Mental Health Foundation NZ</p> <p>Referral pathway flow chart</p> <p>Note: a robust management / clinical support system is in place.</p>

Participants

The RAID Movement had formally been invited to co-host the Raumati Festival in Kaikohe. The festival evolved around the talented performing arts group Tu Ake, a composition of youth from around Kaikohe and the Northern Region of New Zealand.

The stage was graced with the many talents of the north such as the Tu Ake, One Tribe, Majic and the renowned House of Shem. In addition, Kaikohe witnessed the collaboration of House of Shem and Tu Ake as they performed their new single 'I'll be here for you'. This was part of Tu Ake's suicide prevention effort to support young people through life changes. The RAID connection with Tu Ake and Kaikohe youth on the whole has grown the RAID movement and allowed for many opportunities for to connect.

Waitangi Atuatanga

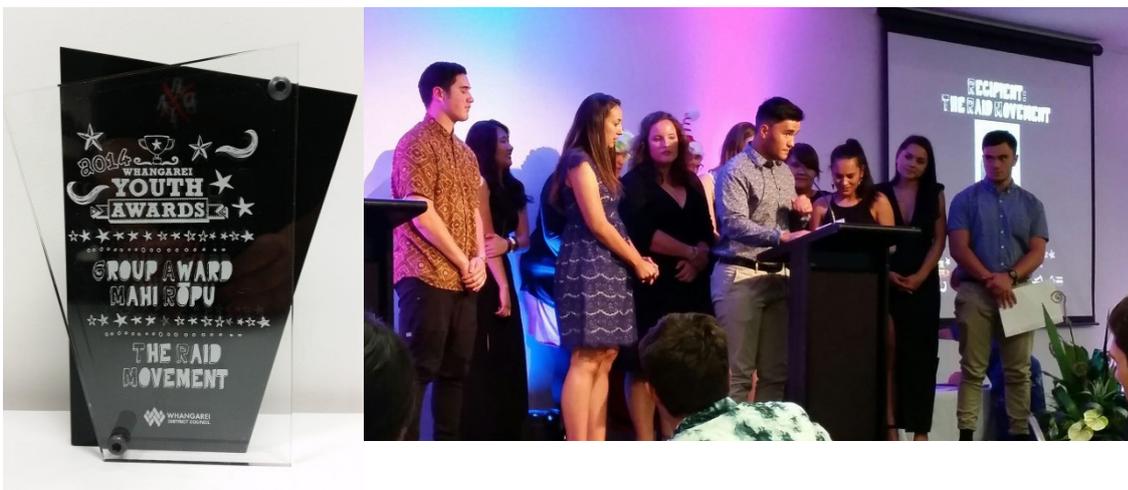


Ngāti Hine Health Trust coordinates the Hauora site at Waitangi Grounds every year. Since 2012 Ngāti Hine have prioritised tai tamariki (youth) to provide their focus and plan for Waitangi Day which is designed, led and implemented by youth. Waitangi Atuatanga is no different and well matched to promote the RAID Movement message to enrol and engage whānau towards a Parent Branch kaupapa and plan.

Kaitaia Branch Hui



At the Kaitaia Branch Hui youth and whānau were supported by the RAID Kaitaia Chapter based at Te Hiku Hauora.



Whānau “wāhi kōrero” (parent branch) has been more challenging than not but not unexpected in this domain. It is fair to say that there are a number whānau engaged from a youth for youth perspective. Equally with Kia Tupu Ake Ai a number of parents, grand-parents and whānau engaged from their own perspectives too. The momentum required to move towards a parent for parents’ platform is retractable and often painful.

Evaluation

RAID’s main messages of life promotion and reaching out, the functions of the RAID, the achievements of the RAID, and lastly the future of the RAID. important conversations whilst also forming crucial networks with providers. These connections will help form frameworks to support the expansion of RAID groups in the near future, and further promoting the message of; Life Over Everything.

Conclusion

It is clear, that Ngāti Hine has provided a supportive base for the Raid Movement, the idea of getting out into the communities. The RAID Campaign has also created an important platform for the initiation of a RAID Summit in the future, bringing together selected youth groups from all over Aotearoa under a RAID induction to create a more widespread social change. This can ultimately help reduce the rates of youth suicide across the nation.



Maka Keturua



Te Rau Matatini